

# BAR MENU

## SNACKS

RIFAI TRAILS	17,000 LBP
CASTANIA BARS	20,000 LBP

## BARS

MAKBAR	45,000 LBP
MAKBAR PRO	58,000 LBP
FIT CRUNCH	80,000 LBP
PHD	80,000 LBP
REGULAR A CUP	58,000 LBP
BOMB A CUP	68,000 LBP

## DRINKS

ESPRESSO	18,000 LBP
PRE-WORKOUT SUPPLEMENT	1,120,000 LBP
PRE- WORKOUT SCOOP	55,000 LBP
WHEY SCOOP	60,000 LBP
BOOST SHAKE	110,000 LBP
NXT PROTEIN	73,000 LBP
NESCAFE ICE COFFEE	33,000 LBP
STARBUCKS FRAPPUCINO	80,000 LBP
WATER	7,000 LBP
GATORADE	40,000 LBP

